







# PEP/PrEP for Bacterial STIs and HIV-PrEP: knowledge and use among MSM in Rome

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#### **Introduction/Summary**

- Bacterial STIs have seen a rise among MSM
- The effective use of cART, which virtually eliminates transmission risk (U=U), has influenced attitudes toward HIV acquisition, leading to riskier sexual behaviors
- Recent studies have demonstrated the efficacy of doxycycline in the prophylaxis of syphilis, chlamydia and gonorrhea, with varying degrees of effectiveness
- Emtricitabine/tenofovir disoproxil for HIV-PrEP has been recently approved in Italy

### **Study Design**

We have explored the level of knowledge and use of STI PEP/PrEP and HIV-PrEP among MSM attending the HIV/STI center of the San Gallicano Dermatological Institute IRCCS (Rome, Italy)

## Methods

- Study population: men who reported same-sex sexual intercourses in the previous year
- Study period: October-November 2023
- Survey through a self-compiled anonymous questionnaire on:
  - demographics
  - STI history
  - sexual behavior
  - awareness of STI PEP/PrEP (doxycycline or other antibiotics) and HIV-PrEP
  - use of STI PEP/PrEP and HIV-PrEP

#### **Results**

Study population



- 122 MSM
- Median age: 45 years (IQR: 37-52)
- 57 (46.7%) MSM living with HIV



**Have you heard of STI PEP/PrEP?** 

NO: 107/122, 87.7%

YES: 15/122, 12.3%

Who told you about STI PEP/PrEP?



Physician: 53.3%



Internet: 20.0%



Partner(s): 6.7%

Friend(s): 13.3%



• Other: 6.7%



Have you ever used STI PrEP?

MSM-noHIV

NO: 65/65, 100%



YES: 0/65, 0%



NO: 54/57, 94.7%

**YES:** 3/57, 5.3%







NO: 59/65, 90.8%

YES: 6/65, 9.2%



NO: 55/57, 96.5%

YES: 2/57, 3.5%

Use of STI PEP/PrEP was significantly associated with:

Condomless sex, p=0.023



- condom yes: 2/65, 3.1%
- condom no: 9/57, 15.8%
- Chemsex, p=0.039



- chemsex yes: 5/24, 20.8%
- chemsex no: 6/98, 6.1%



MSM-noHIV



NO: 8/65, 12.3%

YES: 57/65, 87.7%



NO: 6/57, 10.5%

**YES:** 51/57, 89.5%



MSM-noHIV



NO: 61/65, 93.9%

YES: 4/65, 6.1%



Who told you about HIV-PrEP?



Friend(s): 29.5%



Internet: 26.2%



Physician: 24.6%



া nfectious disease specialist: 80.0%



Partner(s): 5.7%



Among MSM attending our STI/HIV center, knowledge and utilization of STI PEP/PrEP as a preventive measure against bacterial STIs remain limited. Despite the majority of HIV-negative MSM being aware of the availability of HIV-PrEP, only a small fraction reported actual usage. Enhancing the access to HIV-PrEP in our country, avoiding useless barriers and stigma, is a necessity.