



# Erdosteine inhibits viral infection and modulates innate immunity and stress oxidative state in RSV-infected A549 cells

Sergio Strizzi<sup>1</sup>, Fiammetta Danzo<sup>2</sup>, Claudia Vanetti<sup>1</sup>, Mara Biasin<sup>1</sup>, Dejan Radovanovic<sup>2</sup>, Pierachille Santus<sup>2</sup>, Daria Trabattoni<sup>1</sup>

<sup>1</sup>Department of Biomedical and Clinical Sciences, Università degli Studi di Milano, Via G.B. Grassi, Milan, Italy

<sup>2</sup>Department of Biomedical and Clinical Sciences, Università degli Studi di Milano, Division of Respiratory Diseases, University Hospital "L. Sacco", Milan, Italy

## Introduction/Summary

- The decrease in the antioxidant glutathione (GSH) content characterizes several viral infections, suggesting that maintenance or restoration of GSH levels may be a novel potential therapeutic approach for these diseases<sup>1</sup>.
- Unfortunately, a limit to GSH use as a therapeutic agent is given by its biochemical and pharmacokinetic properties. Thus, other molecules have been proposed to restore or increase GSH levels<sup>2</sup>.
- Among these, erdosteine active metabolite MET-1 seem to have a rationale in the treatment of patients affected by respiratory viruses as Respiratory Syncytial Virus (RSV).

## Aims

The main objectives of this study were:

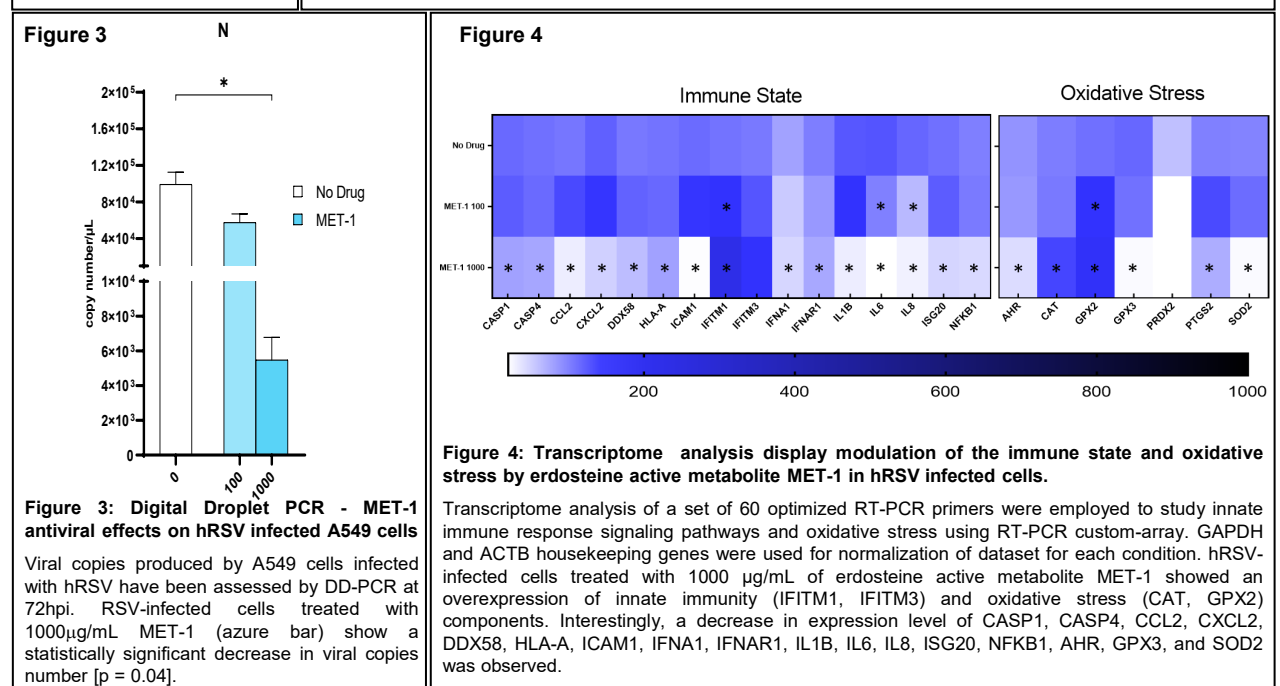
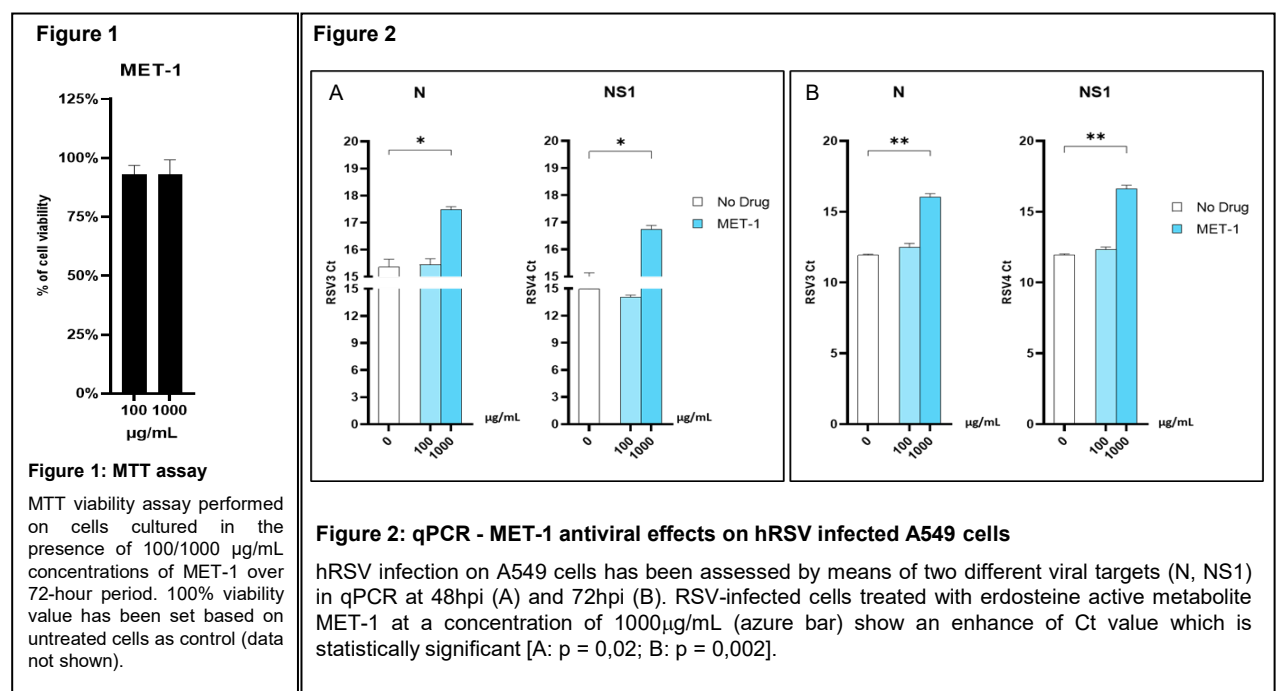
- To evaluate effects of erdosteine active metabolite (MET-1) in RSV infection in order to detect a potential anti-viral effect
- To evaluate whether erdosteine active metabolite can modulate the inflammatory state of human cells playing a role in the innate immunity pathways

## Methods

- Viral infection assay on A549 cell line has been set up adding Erdosteine active metabolite MET-1 at different doses (100µg/mL and 1000µg/mL) before and after infection with human Respiratory Syncytial Virus (hRSV - A2001/3-12) at concentration of 1.26 TCID<sub>50</sub>/µL.
- Viral replication in culture supernatant was assessed by qPCR method at 48h and 72h post-infection (hpi) by means of two specific primers targeting RSV sequences (N, NS1). To quantify viral copies in supernatant, the last obtained timepoint was processed through Digital Droplet PCR.
- At 72hpi innate immune response signaling and oxidative stress pathway were analyzed using RT-PCR custom-array with a set of 60 optimized primers.

## Results

- Post-treatment with erdosteine active metabolite MET-1 1000µg/mL resulted in a statistically significant antiviral effect (p= 0.002) against hRSV
- Infected cells treated with erdosteine active metabolite MET-1 1000µg/mL displayed an overexpression of innate immunity (IFITM1, IFITM3) and oxidative stress (CAT, GPX2) components. Interestingly, a decrease in expression level of CASP1, CASP4, CCL2, CXCL2, DDX58, HLA-A, ICAM1, IFNA1, IFNAR1, IL1B, IL6, IL8, ISG20, NFKB1, AHR, GPX3, and SOD2 was observed.



## Conclusions

- Erdosteine modulates several molecular pathways involved in induction of anti-viral state. This is associated with upregulation of some ISGs and reduction of pro-inflammatory cytokines.
- Erdosteine can be effectively used as adjunctive antioxidant treatment to improve the outcomes of antiviral therapies

## References

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